KRAKEN KUP 2022

Maddy Murphy 1998 - 2019

Maddy Murphy was a young vibrant, charismatic girl who loved the game of hockey.

Maddy started playing Hockey in Novice and instantly loved the game from the first time she stepped on the ice. Through dedication and practice Maddy developed into a very strong Hockey Player, she played defense and was well known for her crazy slapshot.

Maddy was a true leader, she was humble but played with passion and tenacity. She was fast with great hockey sense, these hockey traits gained her much respect from her teammates and the other teams she played against.

Maddy was also one of the kindest & funniest people you would ever know on and off the ice. Whether you were a teammate or on the opposing team, whether you won or lost, Maddy was a friend to everyone.

Maddy was very lucky to play all over North America, she played with a private school RNS along with Team NB for 6 years and Team Atlantic for 2 years, she also played on the NB Canada Games Team as well.

Maddy was known as the jokester and the life of the party, her favorite quote was " I Love Life". However this was a facade of the pain she was hiding the whole time, the depression, anxiety and the state of her Mental Well-being.

On Sept 16, 2019 Maddy lost her battle with Mental Health at the age of 21 years old. Maddy was such a beautiful young soul who touched so many people in her journey of life. We decided to keep her memory alive by forming the Maddy Murphy Memorial Foundation to Help Raise Awareness & End the Stigma on Mental Health.

The Maddy Murphy Memorial Foundation strives to raise awareness on Mental Health by trying to make a positive out of a tragedy. Everyone struggles with their Mental Well-Being. If you or someone you know are struggling please reach out for help, look for the not so obvious signs. When you think someone is doing well, take a deeper look as you just never know what crisis someone may be going through.

For Maddy's full story please visit - www.maddymurphymemorialpage.com

#YOUmatter - #MM81

"It's Ok not to be Ok"